

Dr. (Mrs) Rana Choudhary (Khan)

Qualifications - DNB (OB-GY), DGO, FCPS, DFP (Gold medalist), MNAMS

Experience after Post Graduation - 8 years

Academic Excellence

Awards

- MOGS Dr. N. K. Allahabadia award for excellence in Imaging (2017).
- MOGS Dr. Pramila Bhatia Young Scientist Award, for original research work (2009).
- MOGS Dr. H. Desa Silver Jubilee award for best thesis (2007).
- Topped the Diploma in Family Planning e2xams (D.F.P.), both theory & practicals, held by C.P.S., Mumbai (awarded with two gold medals).
- Distinctions in Pathology, Microbiology, E.N.T, Ophthalmology and Obst & Gynaecology at M.B.B.S. examination, MUHS, Nashik.

Prizes

- Interesting case prize – ‘Vaginal sildenafil citrate a boon, in severe IUGR with absent end diastolic flow’ at Conception to delivery conference, (MOGS, FOGSI, GESTOSIS, AMOGS), Nov 2016. Co-Author – Dr. Kedar Ganla.
- Best paper – ‘Complications during transvaginal oocytes retrieval’ at SMART OBGYN Conference (SAFOG , MOGS), April 2016. Co-Author – Dr. Kedar Ganla.
- Best paper – ‘Viagra – A new wonder drug for IUGR’ at MOGS annual conference, 2015. Co-Author – Dr. Kedar Ganla.
- Dr. D. K. Tank prize for interesting case ‘Rare case of malignant Sertoli Leydig cell tumor in pregnancy’ at 37th Annual MOGS conference (2009).
- Best Scientific Communication on ‘Labour analgesia – Use of i.m. butorphanol tartarate vs tramadol hydrochloride’ at FOGSI YUVA Congress, West zone, (2008).
- Best essay on “Who will speak for the silent women?” – 1st prize at MOGS (2008).

Training and Workshops:

1. **Certified Personal counsellor** – Completed Certificate course in Counseling involving ‘Intensive training course in counseling based on human psychotherapy’, Institute of Human Technology, Heart to heart counseling centre, Mumbai .
2. Trained in Laparoscopic Sterilization at the FPA India Reproductive Health & Family Planning
3. Centre, Mumbai.
4. Trained in Obstetric & Gynaecological Ultrasonographies (USGs) and Fetal heart rate (FHR)
5. monitoring at Nowrosjee Wadia Maternity Hospital .
6. Trained in Obstetric & Gynaecological Ultrasonographies (USGs), LTMMC & LTMG Hospital, Sion.
7. Trained in No Scalpel Vasectomy technique at F/South ward office.

Publications

International Publications:

1. Choudhary R, Desai K, et al, Case report “Sildenafil citrate : a wonder drug for the management of fetal growth restriction (FGR) and oligohydroamnios”, Int J Womens Health. 2016 Aug 9;8:367-72. doi: 10.2147/IJWH.S108370. eCollection 2016. Dove press publications. Co-Author – Dr. Kedar Ganla.
(<https://www.ncbi.nlm.nih.gov/pubmed/27563258>)
2. Suchitra Pandit, Rana Khan, Surgical techniques for performing Caesarean section including CS at full dilatation, Best Practice & Research Clinical Obstetrics & Gynaecology, Elsevier journals, April 2013 (Vol. 27 ; No. 2 ; Pages 179-195).

(<http://www.journals.elsevier.com/best-practice-and-research-clinical-obstetrics-and-gynaecology/Surgical-techniques-for-performing-caesarean-section-including-CS-at-full-dilatation>).

National Publications:

1. Ganla K., Pisat S., Choudhary R., Chapter titled – Lateral metroplasty, for the book ‘Mastering the techniques in Hysteroscopy’, edited by Osama Shawki, Sushma Deshmukh & Luis Alonso Pacheco by Jaypee publications, First edition 2017. Co-Author – Dr. Kedar Ganla.
2. Kedar Ganla, Rana Choudhary, Chapter titled – Medical management of male infertility, for the hand book ‘Day to day management of infertility’ released at MACORM conference, edited by Padma Rekha Jirge, 2016.
3. S. N. Pandit, G. Mandrupkar, Rana Choudhary, Chapter titled - Maternal assessment in hypertensive disease of pregnancy, for the book ‘Hypertensive Disease in Pregnancy’, edited by Prof Sabaratnam Arulkumaran, Prof Sanjay Gupte and Dr Evita Fernandes, published by Jaypee Brothers Medical Publishers Pvt Ltd, India, First edition 2014, (Chapter 8 , Pages 75 – 78).
4. Suchitra N. Pandit, Rana Choudhary, Book titled ‘Physician’s Quick Reference Series (PQRS) on L Arginine in IUGR’, published by MacMillan Medical Communications, First edition 2014.
5. Pandit S., Khan Rana, Case report : Vulval masses - a forgotten entity, Bombay hospital journal, Oct 2013, Vol. 55, No. 4, Pages 664- 668.
6. Khan Rana, Pandit S., To compare the effect of intramuscular Butorphanol tartarate versus Tramadol hydrochloride for labour analgesia, Bombay hospital journal, July 2013, Vol. 55, No. 3, Pages 419-427.
7. P. Bhandari, Rana Khan, Near miss obstetric events – A concept to nurture, Medical Progress (CME journal for Asian clinicians), February 2013; (Vol 5 ; No. 2; Pages 59-61).

8. Pandit S., Khan Rana, Chapter titled - Issues in post partum care in LSCS mother, for the book 'Recent Advances in Postpartum Care', FOGSI, edited by Dr Megh, published by Jaypee Brothers Medical Publishers Pvt Ltd, India, First edition 2013.
9. Pandit S., Khan Rana, Mother with Sickle cell disease, in the clinical handbook on 'Complicated cases in High risk pregnancy and labor', edited by Dr Geetha Balsarkar, Distributor Kothari Medical, 2012.
10. Pandit S., Rao S., Khan Rana, Chapter 72, Induction of labor in 'Pregnancy at risk, A practical approach to high risk pregnancy and delivery', Section eleven, 5th edition, FOGSI, Jaypee publication, 2009.

MOGS/ FOGSI publications:

1. Pandit S., Choudhary-Khan Rana, Iron sucrose in Pregnancy, MOGS news and views, Issue 1, 2012.
2. Pandit S., Khan Rana, Prevention and Management of Postpartum haemorrhage, in MOGS News letter, April – May 2012.
3. Bhalerao- Gandhi A., Khan Rana, FOGSI Focus on 'Intrauterine devices', Section I, Chapter 3, Indian Public Health Context (with guidelines); April 2010 issue.
4. Pandit S., Khan Rana, FOGSI Focus on 'The Menopause', Section V- Facts & myths of different studies on menopause; Chapter 21, PAM – Newer insights in therapy; Jan 2010 issue.
5. Pandit S., Shitut P., Khan Rana, FOGSI Focus on 'Safe pregnancy & delivery', Chapter -Difficulty in delivering babies during caesarean section; Jan 2009 issue.
6. Pandit S., Khan Rana, Minimal standards of care during caesarean section, ICOG campus, Jan 2009 issue.
7. Pandit S., Deshmukh P., Khan Rana, FOGSI Focus on ' Iron deficiency anaemia', Chapter- Clinical signs and symptoms of IDA; 2008 issue

8. Khan Rana, Essay on “Who will speak for the silent women?” – published in MOGS News and Views, issue 1; 2008.

Research experience:

I have also worked in the field of research as a Research Officer (Medical) & Consultant, at National Institute of Research in Reproductive Health (NIRRH), ICMR on various projects related to reproductive medicine for more than 2 years and also helped in developing & writing proposal, tools, data analysis & report writing.

Current position :

For the last few years I have been working in the field of reproductive medicine and Infertility at Ankoor Fertility Clinic. I am actively involved in the consultation, ovulation induction, folliculometry, in vitro fertilization and ICSI treatment of patients, along with management of male infertility. I also am well versed with Donor oocyte & Surrogate screening, investigations monitoring and matching etc.